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## ANTI-AGING/FAT LOSS PACKAGE

**Who is this package for?** This special 3-month treatment package is for individuals seeking to improve and/or optimize their overall muscle/fat composition and libido to revitalize their physical, mental health and sex life.

### What are the aims of this Anti-Aging/Fat Loss Package?

1. **To identify the underlying causes of fatigue and weight gain.** This is done through testing for factors like age-related declines in hormones and markers for fat gaining tendency.
2. To ensure you understand the real reasons behind your age-related symptoms and inability to lose fat, so you can **take control of and improve your focus, sleep, stamina, libido, sexual function and wellbeing.**
3. To design a long-term bioidentical hormone regimen and sustainable weight management that will help you stay fit and sexy, by **optimizing hormones, support sound sleep, modulate stress response, fat control, boost libido/sexual function**, and ultimately maintain your vitality and promote longevity.

### What is Included in this Package?

- Comprehensive 10-hormone panel through saliva testing: Progesterone, Testosterone, Estrone, Estradiol, Estriol, 4 timed-salivary cortisol, DHEA. (List price: \$450, AgeWell package **\$369**)
- Lab Panel including Growth Hormone indicator (IGF-1), Leptin (fat gaining hormone), Thyroid functions (Quest price \$645.12 AgeWell package cost **\$129**)

### Consultations (4) – a \$900 value

You will have 4 private sessions with Dr. Henry, spread out over a 3-month period. These include:

- ONE initial 60-minute consultation to discuss your condition and arrange for your testing to be done.
- ONE 60-minute session to go through the tests and design your treatment plan.
- Two 30-minute sessions to assess progress, adjust regimens and address other issues that may arise.

\* A-La-Cart consultation fee with Dr. Henry is \$300/hour.

### 3 months of Bio-Identical Hormones (Anti-aging DEPOT regimen customized for your goals) – retail value of up to \$1,020

- DHEA
- Estradiol/Estriol
- Progesterone
- Oxytocin
- Testosterone

The costs for individual optimal doses of hormones are different from person to person. On average, they cost up to \$205/month for women and \$240/month for men due to the higher costs for testosterone in general.

- HCG for fat loss – this includes a 20 days of pre-filled injections into the fat layer along with a low calorie diet and amino acids/minerals supplements during the HCG phase. Typical weight loss after one round is 15 to 40 pounds (men tend to have better response). Almost all of my clients notice abdominal fat reduction. Calorie restriction alone tends to reset your metabolism so you gained back more weight and you tend to lose muscle mass first before fat that give you a temporary drop of weight. The major advantage of HCG is to mobilize fat burning first and that your metabolism will increase rather than decrease when your brain senses the presence of HCG.

### Why is a Treatment 'Package' better than 'a la Carte'?

This package costs significantly less than the same treatment 'a la carte'. **This Fat Loss package gives you \$818 in savings over 'a la carte' pricing for the same services.**

### How Much Does the AntiAging/Fat Loss Package Cost?

The total cost of this 3-month Anti-Aging/Fat Loss Package is **\$1,200/\$2,000 for a couple**.

- Extra: Sermorelin Triblend peptide injections for growth hormone enhancement (additional \$250 with the package)

**Option of Checking Growth hormone IGF-1 level and one round of Sermorelin Triblend treatment alone: \$750**